

Today our team discussed how information moves online and how young people can stay safe when they read news. We see many messages, photos and videos every day. Some of this information is true, but a lot of it is not correct. This is why we think that learning media literacy is very important for everyone, especially young people who spend much time online. We talked about how some posts look very nice and professional, but they still can be wrong. Sometimes people create stories only to get attention or to make other people confused. It is easy to share something without checking it, but this can cause misunderstandings and problems. We think it is better to take a little time and ask simple questions before sharing anything. Our team made a list of ideas that help us understand information better. One idea is checking who made the post. If we do not know the person or the website, we should be more careful. Another idea is reading comments. Sometimes other people already noticed that something is not true, and they explain why. This can help us see the full picture. We also talked about how photos and videos can lie. A picture can be edited or taken from another place or another time. A video can be cut in a way that changes the meaning. For this reason we think it is important to ask where the photo came from. If we cannot find the original source, maybe the image is not real. Emotions were another topic we discussed. Many fake posts use very strong emotions. They try to make us scared, angry or shocked. When we feel this way, we believe things faster. That is why our team thinks it is important to slow down and breathe for a moment. If something makes us feel too emotional, it is good to check the information one more time. We also think media literacy helps with communication. When people read or share wrong information, they start to argue more. This creates stress and problems inside communities. If young people learn how to check information, they can talk with each other

in a more calm way. This helps build trust and respect. At the end we agreed that media literacy is not only about news. It is about understanding the world. When we know how to check information, we can make better decisions in our daily life. We can protect ourselves, our friends and our families. We think schools and youth projects should teach this, so more young people can grow with skills that help them use the internet safely and wisely.